

WHO WE ARE

Here at Aqua Canine, we are dedicated to helping your dog live a full and active life by offering individually tailored hydrotherapy programmes to best suit their needs, whether they are recovering from surgery, injury, illness or maybe needing to keep fit or lose weight. We work closely with your vet to ensure your dog receives the best possible treatment at all times. We are fully qualified, insured and registered Canine Hydrotherapists and Physiotherapists that are prepared for all different breeds, shapes and sizes, friendly and non - friendly.

WHAT WE DO

We provide professional, friendly and a unique service. We fully understand that bringing your dog for hydrotherapy for their first appointment can be quite stressful, so our ultimate aim is to make the whole experience as stress free as possible for you and them. With our knowledgeable and calm approach to care, this allows you to sit back, relax with a hot drink whilst we give your dog the best possible treatment.

WHAT IS HYDROTHERAPY

A complimentary form of therapy, hydrotherapy is controlled exercise in water to encourage a faster rate of recovery which can not only aid post op patients but all aspects of muscular skeletal conditions. The warmth of the water provides a medium that assists with pain relief and the reduction of muscle spasm. By immersing a patient, support is provided, and this allows more ability to mobilise and create normal movement patterns.

Cardiovascular fitness can be increased more easily in the water; this is perfect if a patient is on restricted land exercise. Finally, the hydrostatic pressure can aid swelling reduction.



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CONDITIONS THAT BENEFIT FROM HYDROTHERAPY

- Hip Dysplasia
- Elbow Dysplasia
- Cruciate Ligament rupture
- Spinal disease
- Muscle Atrophy
- Fractures
- FHNE
- Joint replacements
- Patella Surgery
- Arthritis
- Soft tissue injuries
- Joint dislocations
- Joint OCD
- CDRM
- Confirmational support
- Weight management
- Fitness & Conditioning

PRICE GUIDE

Initial Rehabilitation Consultation & Session - £57

Initial Maintenance Consultation & Session - £47

Rehabilitation - £48

Maintenance - £43

Weight Management - £43

Fitness & Conditioning - £38

INSURANCE

Insurance policies cover hydrotherapy treatments under complementary therapies. Please check with your provider.

UNDERWATER TREADMILL

Our state of the art underwater treadmill allows us to tailor make every patient's rehabilitation programme depending on their needs. We can alter water levels and speed dependent on what joint we are targeting and our aims of the treatment plan. The sanitised water, kept between 30-32degrees offers a level of buoyancy which encourages weight bearing and increased range of movement through joints which patients may find difficult on land.

Our experience and knowledge with our machine and the differing conditions that patients arrive with allow us to use different techniques depending on what we are trying to achieve. The glass sides on the underwater treadmill allows us assess patients whilst the resistance of the water highlights any problem areas. The controlled manner of the underwater treadmill enables us to see patients post op much quicker and therefore kick starts the rehabilitation process.

WHAT HAPPENS DURING A SESSION

You and your dog will be welcomed into the centre and at your first session you will be given a short introduction about how our centre operates. We will then check your dog's veterinary referral form and will talk to you about your concerns, questions and goals for hydrotherapy. We will then give your dog a health check and gait assessment before being fitted with a harness.

They will then have a quick shower and gently encouraged onto the treadmill ramp and into the treadmill. We then gradually fill the treadmill up to the desired water level and start the belt slowly for short bursts followed by a rest periods. These will vary depending on their treatment plan. Once the session has finished, they will be gently walked down the ramp and back to the shower area for another shower, shampooed if required and dried using towels and dryer if your dog is comfortable with it.

All findings from the session will be explained to you along with post session advice.

HOW TO PREPARE FOR A SESSION

Veterinary Referral – Please request from Aqua Canine or download a veterinary referral form from the website to give or email to your vet to sign. This is required for all types of all sessions, including fitness and conditioning. Please bring this form with you to their first session. Dry robes are also great to take with you for after, this helps to keep them warm and comfortable whilst they are transported home.

<https://amzn.eu/d/43YpnY6>

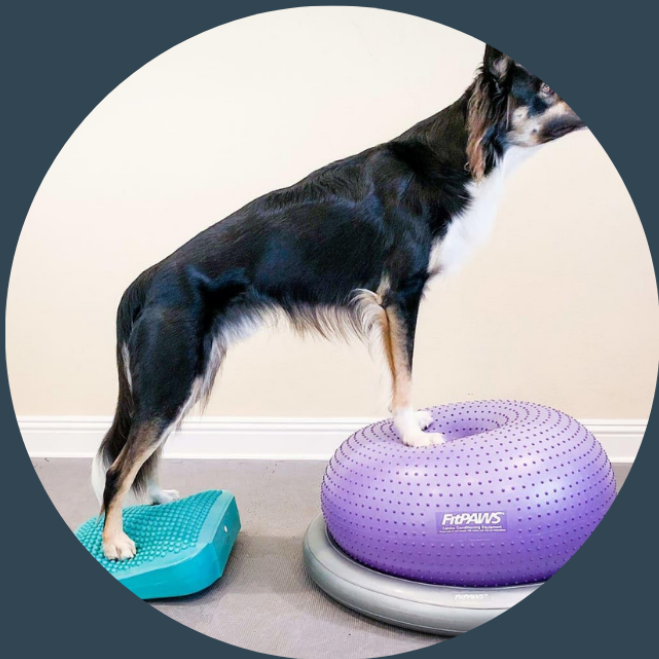
Feeding & Toileting – Please make sure that they are not fed for at least 2 hours before their treadmill session and for about 2 hours after. If your dog is on medication which needs to be taken with food, then the treadmill sessions should be booked for around 3 hours after they have been fed. We kindly ask you to make sure they go to the toilet before their session.

After the session – Please keep your dog warm and allow to rest – but no longer than an hour or they may get stiff. A gentle 5-minute walk or potter in the garden about an hour or so after the session is a good idea. Any concerns should be expressed to Aqua Canine and/or your vet.

VETERINARY PHYSIOTHERAPY

What is Veterinary Physiotherapy

Veterinary Physiotherapy involves the assessment and treatment of animals with an aim to reduce pain and improve function and performance. We treat dogs whether that be rehabilitation of musculoskeletal / neurological conditions, injury, surgery, age related problems or as general maintenance.



DOES MY DOG NEED PHYSIOTHERAPY

All dogs regardless of age, lifestyle or job can benefit from veterinary physiotherapy.

Veterinary physiotherapy of the canine patient can be varied, with treatment for maintenance purposes, keeping a dog comfortable, fit and functioning, or treatment of chronic conditions, sudden injuries or post-surgery.

Signs that your dog may need Physiotherapy

- Lameness and Stiffness
- Muscle Asymmetry / Muscle Wastage
- Reluctance to exercise / walks
- Difficulty jumping up and down from car, sofa etc
- Behavioural changes
- Reactive to touch areas
- Tripping / Toe scuffing
- Reduced performance in competitions

WHEN MIGHT THEY NEED PHYSIOTHERAPY

ATHLETIC PERFORMANCE

Enhance and maintain athletic ability and performance

ORTHOPAEDIC CONDITIONS

Cranial Cruciate Ligament Rupture, Hip Dysplasia, Elbow Dysplasia, Luxating Patella etc.

DEGENERATIVE CONDITIONS

Osteoarthritis, Osteochondritis Dissecans (OCD), Spondylosis etc

NEUROLOGICAL CONDITIONS

Intervertebral Disc Disease (IVDD), Cervical Spondylomyelopathy (Wobbler Syndrome) etc .

POST-OPERATIVE

Optimise Healing of soft tissue, nerves and bone and to improve function and mobility.

SOFT-TISSUE REPAIR

Muscle tears, Tendinopathies, Ligament damage

PRICE GUIDE

Initial Assessment & Session - £50

Maintenance Session - £40

Block of 10 Sessions - save 10%

CLASS 4 LASER THERAPY

Delivering specific wavelengths of light that target the reduction of pain, inflammation and swelling whilst also encouraging the healing process and tissue regeneration. It has a range of applications from wound, and fracture healing to the management of neuropathic and inflammatory pain



WHAT EFFECTS DOES CLASS 4 LASER HAVE

- Increase speed, quality and tensile strength of tissue repair
- Provide pain relief for both acute and chronic pain
- Resolve inflammation and reduce swelling
- Improve function of damaged neurological tissue
- Reduce scar tissue formation / Stimulate remodelling of present scar tissue
- Provide a reduction in the activity of trigger points and muscle spasms
- Promote blood flow

CONDITIONS THAT BENEFIT FROM LASER

- Osteoarthritis
- Post surgical recovery
- Sprains/strains and tears
- Spinal conditions
- Orthopaedic conditions
- Degenerative joint disease
- Fractures
- Trigger points/muscle spasms
- Pain management
- Wound healing
- Lick granuloma

PRICE GUIDE

£37 per session

Block of 10 sessions-save 10%

